

Cup \$3.69 / Bowl \$4.49

Broccoli & Cheese
 Chicken Noodle
 Garden Vegetable
 Turkey Chili (Add \$0.99)
 Seasonal Selection

\$1.99

Parmesan Ranch Pasta Salad
 Fresh Fruit Salad
 Green Pea Salad
 Quinoa Salad
 Deep River Chips

\$2.79

Yukon Gold French Fries
 Sweet Potato Fries

\$3.69

Mac & Cheese Cup

\$4.49

Mac & Cheese Bowl



EAT WELL.....FEEL GREAT

MENU

Rivergate / Steele Creek

Rivergate Shopping Center
 14136 Rivergate Parkway
 Charlotte, NC 28273
 704-583-8323

www.JustFresh.com



Brunch

Wraps or Make it a Bowl \$5.79

Includes a side of fruit

Sausage & Cheddar

Turkey or pork sausage, scrambled eggs, and cheddar cheese in a flour tortilla

Five Pointer

Scrambled eggs, cheese, applewood smoked bacon, green peppers, and tomatoes in a flour tortilla

Huevos

Scrambled eggs, pepper jack cheese, black beans, salsa, and red onions in a flour tortilla

Fresh Start

Egg whites, organic baby spinach, Swiss cheese, and roasted red peppers in a wheat tortilla

Sandwiches \$5.79

Rise & Shine

Turkey or pork sausage, egg whites, avocado, and pepper jack cheese on a honey wheat English muffin

Create Your Own: Scrambled eggs or egg whites and your choice of

Bread: wheat, country sourdough, or artisan ciabatta

Cheese: cheddar, Swiss, pepper jack, or provolone

Meat: turkey sausage, pork sausage, ham, or applewood smoked bacon

A La Carte

Pancakes

Served with butter and maple syrup. Add blueberries for \$0.79. Add bacon for \$1.49

\$6.49

Western Omelet

Ham, cheddar jack cheese, red onions, green peppers, and tomatoes

\$7.49

Eggs Benedict* *Consuming foods with raw or undercooked ingredients may cause health problems

Poached eggs, ham, zesty artichoke parmesan spread, and Hollandaise sauce on a honey wheat English muffin

\$9.49

Breakfast Platter

Includes eggs, bacon, potatoes, and turkey or pork sausage

\$7.89

French Toast

Served with powdered sugar, cinnamon, and maple syrup. Add bacon for \$1.49

\$5.99

Applewood Smoked Bacon, Turkey or Pork Sausage

\$1.49

Breakfast Potatoes

\$1.99

All sandwiches come with lettuce & tomato and a side
 Substitute gluten free bread for \$1.49

\$8.79

Turkey Burger

Fresh ground turkey burger, cheddar cheese, honey mustard, mayo, and pickles on a wheat bun

Chipotle Jack Burger

Turkey or beef burger, applewood smoked bacon, hot pepper blend, pepper jack cheese, and chipotle mayo on a brioche bun

Blue Cheese Burger

Turkey or beef burger, blue cheese crumbles, roasted red onions, and buttermilk ranch dressing on a brioche bun

Beef Burger

Angus beef burger, cheddar cheese, honey mustard, mayo, and pickles on a brioche bun

\$8.79

Mediterranean Chicken

All natural freshly grilled chicken breast, roasted red peppers, goat cheese, basil pesto, balsamic glaze, and organic baby spinach on a wheat bun

Santa Fe

All natural freshly grilled chicken breast, applewood smoked bacon, pepper jack cheese, and chipotle mayo on a wheat bun

\$8.49

MelloBella Burger

Marinated grilled portabella mushroom cap, organic baby kale, tomato, zesty artichoke parmesan spread and Swiss cheese on a wheat bun

From the Grill

Salads

Regular \$8.99 / Small \$5.59

Add all natural freshly roasted chicken for \$2.29 or Cajun chicken for \$2.59

Blue Cobb

Organic field greens, all natural freshly roasted chicken breast, crumbled blue cheese, tomatoes, cucumbers, and applewood smoked bacon with blue cheese dressing

Cajun Crunch

Crisp romaine lettuce, applewood smoked bacon, cheddar jack cheese, toasted pecans, and all natural freshly roasted Cajun chicken breast with honey mustard dressing

Mandarin

Organic field greens, Mandarin oranges, toasted almonds, roasted red peppers, edamame, and Chinese noodles with sesame ginger vinaigrette

Mozzabella

Organic field greens, fresh mozzarella cheese, roasted portabella mushrooms, tomatoes, roasted red peppers, and toasted pecans with balsamic vinaigrette

Red, White & Blue

Organic field greens, fresh strawberries & blueberries, toasted walnuts, and goat cheese with balsamic vinaigrette

Kale Yeah!

Organic baby kale, Mandarin oranges, goat cheese, sunflower seeds, and granola with fat-free raspberry vinaigrette

Regular \$7.69 / Small \$4.59

Add all natural freshly roasted chicken for \$2.29 or Cajun chicken for \$2.59

Caesar

Crisp romaine lettuce topped with parmesan cheese and croutons with Caesar dressing

Spinach

Organic baby spinach, sliced mushrooms, hard boiled egg, applewood smoked bacon, and sunflower seeds with white balsamic shallot vinaigrette

Quinoa Bowls

Sonoran

All natural freshly roasted Cajun chicken breast, black beans, avocado, red onions, and tomatoes over quinoa with low fat cilantro lime vinaigrette

Macchu

All natural freshly roasted chicken breast, feta cheese, tomatoes, toasted almonds, and avocado over quinoa with white balsamic shallot vinaigrette

Fungo

Portabella mushrooms, baby kale, goat cheese, sunflower seeds, and edamame over quinoa with basil pesto and balsamic vinaigrette

Add all natural freshly roasted chicken breast for \$2.29

\$8.69

All served with salsa and sour cream

Fiesta Fresca

All natural freshly roasted chicken breast, cheddar jack cheese blend, hot pepper blend, black beans, tomatoes, and chipotle mayo in a tomato basil tortilla

Spinach & Mushroom

Organic baby spinach, mushrooms, and cheddar jack cheese blend in a flour tortilla

Add all natural freshly roasted chicken breast for \$2.29

Quatro Queso

Pepper jack cheese, provolone cheese, and cheddar jack cheese blend in a flour tortilla

Add all natural freshly roasted chicken breast for \$2.29

\$8.79

\$8.79

\$7.99

Sandwiches & Wraps

All sandwiches and wraps include a side.

Substitute gluten free bread for \$1.49

\$8.99

Godfather

Ham, Genoa salami, pepperoni, provolone cheese, lettuce, tomatoes, hot pepper blend, and balsamic vinaigrette toasted on artisan Ciabatta bread

Chicken Caprese

All natural freshly roasted chicken breast, tomatoes, fresh mozzarella cheese, basil pesto, and balsamic vinaigrette toasted on artisan Ciabatta bread

Penny's Pig

Ham, Penny's Jalapeño Pimiento Cheese, applewood smoked bacon, lettuce, and tomato toasted on an artisan French baguette

Bellissimo

Roasted portabella mushrooms, organic baby spinach, fresh mozzarella cheese, roasted red peppers, and tomatoes with basil pesto toasted in a wheat tortilla

Tuscan Chicken

All natural freshly roasted chicken breast, organic baby spinach, roasted red peppers, goat cheese, balsamic glaze, and basil pesto toasted on a multi-grain roll

California Turkey

All natural freshly sliced turkey breast, avocado, provolone cheese, lettuce, tomatoes, and mayo on whole wheat bread

All sandwiches and wraps include a side. Substitute gluten free bread for \$1.49

\$7.99

Florentine

All natural freshly roasted chicken breast, zesty artichoke parmesan spread, Swiss cheese, organic baby spinach, and tomatoes toasted in a spinach herb tortilla

Little Red Rooster

All natural freshly roasted chicken breast, ham, applewood smoked bacon, provolone cheese, lettuce, tomatoes, and honey mustard toasted in a tomato basil tortilla

Mexicali

All natural freshly roasted chicken breast, pepper jack cheese, lettuce, tomatoes, and chipotle mayo toasted on a multi-grain roll

Franita

All natural freshly sliced turkey breast, zesty artichoke parmesan spread, lettuce, and tomatoes toasted on an artisan French baguette

Bahama Mama

All natural freshly roasted chicken breast, feta cheese, roasted red and green peppers, lettuce, and island jerk sauce toasted in a tomato basil tortilla

\$6.99

Very Veggie

Cucumbers, carrots, green peppers, avocado, organic field greens, tomatoes, provolone cheese, and buttermilk ranch in a spinach herb tortilla

Dijon Dill Chicken Salad

Dijon dill chicken salad, lettuce, and tomatoes on toasted whole wheat bread

Tuna Melt

Tuna salad with melted Swiss cheese, tomatoes, and red onions toasted on country sourdough bread

Spicy Pimiento Cheese

Locally made Penny's Jalapeño Pimiento Cheese toasted on cranberry-raisin-walnut bread